

## PHYSICAL THERAPIST'S SCOPE OF PRACTICE HOD P06-17-09-16/HOD P06-17-08-07\* [Position]

An individual physical therapist's scope of practice is influenced by professional, jurisdictional, and personal scopes of practice.

Over the course of the physical therapist's career, scope of practice evolves based on considerations including, but not limited to, societal needs; progressive professional development activities of the physical therapist; modifications to jurisdictional laws and regulations; advancements in knowledge, research, clinical skills, and technology; and the evolving health delivery system.

The professional scope of physical therapist practice is grounded in basic, behavioral, and clinical sciences. It is supported by education, based on a body of evidence, and linked to existing and emerging practice frameworks. The professional scope of practice evolves in response to innovation, research, collaboration, and changes in societal needs.

The professional scope of practice consists of patient and client management, which includes diagnosis and prognosis, to optimize physical function, movement, performance, health, quality of life, and well-being across the lifespan. In addition, the professional scope of practice includes contributions to public health services aimed at improving population health and the human experience.

The jurisdictional scope of physical therapist practice is established by the practice act governing the specific physical therapist's license and the rules adopted pursuant to that act.

The personal scope of physical therapist practice consists of activities for which an individual physical therapist is educated, trained, and is competent to perform.

\*This position, adopted by the House of Delegates as 2 separate positions, was subsequently combined and retitled editorially by the APTA secretary.

## **Explanation of Reference Numbers:**

<u>HOD P00-00-00</u> stands for House of Delegates/month/year/page/vote in the House of Delegates minutes; the "P" indicates that it is a position (see below). For example, HOD P06-17-05-04 means that this position can be found in the June 2017 House of Delegates minutes on Page 5 and that it was Vote 4.

P: Position | S: Standard | G: Guideline | Y: Policy | R: Procedure