



UW Medicine Long COVID Clinic

Who We Are

The UW Medicine Long COVID Clinic, formerly known as the Post-COVID-19 Rehabilitation and Recovery Clinic (UW PCRRC), is a collective of UW Medicine clinicians from multiple disciplines, dedicated to serving patients who continue to experience symptoms after having COVID-19. Our mission is to support patients recovering from COVID-19 by providing comprehensive, coordinated, and innovative care.

Comprehensive

Our clinic brings together primary care physicians, specialists, psychologists, nurses, vocational counselors, and patient care coordinators to serve a mutual purpose—providing high-quality Long COVID care to our patients. Our team’s approach to care focuses on the patient’s health holistically, within the context of their life. We strive to tailor our care to be as unique as our patients are.

Coordinated

In addition to the care coordination our network of clinicians provides our Long COVID Clinic patients, our clinic’s COVID Aftercare Recovery and Support (CAREs) program offers additional support to patients who need it most. Program staff are familiar with relevant internal and external resources, the clinical presentation of Long COVID, and the complex nature of this chronic condition.

Innovative

Our team prioritizes integrating the most up-to-date research and clinical experiences of our renowned faculty in our model of care that focuses patients on a path of recovery. A number of our clinic’s clinician-scientists not only provide direct services to patients, but also work in Long COVID research. Our goal is to provide care that is informed by science, and to make scientific contributions that are informed by the care we provide.



Three Aims, One Goal—Improve Long COVID Care

Established in 2024, the COVID Aftercare Recovery and Support (CAREs) program was created to meet the growing need for Long COVID education and care in the state of Washington, especially for historically underserved populations. We hope that in meeting our program's three main aims, we will improve access to high-quality Long COVID care throughout WWAMI region.

AIM 1 Improve Clinical Care Delivery and Expand Access to the Long COVID Clinic

In order to enact a more comprehensive care model, we are increasing access to patient care personnel including a nurse case manager, patient navigator, vocational counselor, and behavioral health support within our clinic services. We are also working to reduce patient wait times by providing electronic consultation within UW Medicine to help providers receive timely recommendations for diagnostic workups and treatments for their patients with Long COVID with whom they have already established care.

AIM 2 Engage Underserved Communities to Improve Access to Long COVID Education and Resources

Through community engagement with new and established partnerships, we strive to foster collaboration between ourselves and organizations who serve our most vulnerable patients. Through our mutual desire to improve the health of the community and their access to care, we rally together to increase Long COVID visibility and access to health education regarding Long COVID. We take special care to include community partners who serve those who are disproportionately affected by Long COVID including rural populations, the Latinx community, the South Asian community, the American Indian and Alaska Native communities, as well as the LGBTQ+ community.

AIM 3 Improve Patient Access by Training a Network of Clinicians Specializing in Long COVID Care

We will provide ongoing education and support to Primary Care Providers in the community through several planned projects including increasing access to clinical consultation office hours initially made available internally within UW Medicine and later expanded statewide, ongoing educational webinars for providers, and the establishment of a training curriculum for providers to gain access to foundational and advanced lessons in clinical management of patients with Long COVID. Furthermore, we seek to identify and develop a cadre of primary care providers throughout the WWAMI region to provide direct clinical care to patients with Long COVID and act as clinical mentors at their local practice sites.