

Fitness And Health Risk Assessments to Advance Employer Safety and Health Promotion Programs



HOD P07-24-10-13 [Position]

The American Physical Therapy Association supports physical therapists conducting entry-point and periodic fitness and health risk assessments for employer safety and health promotion programs to improve worker safety, productivity, and health outcomes.

Fitness and health risk assessments may include, but are not limited to, determination of lifestyle activity demands, tests of movement performance, biometric measures of health risk, clearance for suitable work or leisure activity, and referrals for other health services.

Explanation of Reference Numbers [use for House policy]:

HOD P00-00-00-00 stands for House of Delegates/month/year/page/vote in the House of Delegates minutes; the "P" indicates that it is a position (see below). For example, HOD P06-22-05-04 means that this position can be found in the June 2022 House of Delegates meeting minutes on Page 5 and that it was Vote 4.

E: Binding Ethical Document | P: Position | Y: Policy

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